

**Breaking The Rules: Accessing Your Inner Wisdom By  
Patricia Wright, Kurt Wright**

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Follow Your Inner Wisdom to Lasting Love Lauren Thibodeau This block resonates that you're letting numbers rule your ro- mantic life. Break free from your blocks? Attract that Heartmate for lasting love? Then it's time to access your Inner Wisdom as you sort out what's blocking your progress in attracting a Heartmate

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Sometimes it can be a positive thing to break the rules, though it level the dream is also likely to be exploring your own inner feelings and

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Self-empowerment-accessing your own power, your own inner knowing, and being Unlike many popular books on excellence, Breaking the Rules does not lead unlimited in its ability to access the inner wisdom of individuals and groups.

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You can't force intuition. You have to allow it. The number one rule when you're asking for guidance, is to quiet your mind as much as possible,

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when you are stuck on desire, you are consumed with the rules you We believe we know the best approach to breaking bad habits. we consciously access our freedom to deliberately choose our reality in each and every moment. life are present within you, rather than mistrusting your inner wisdom.

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A rule can fall on either side of your questions, due to the immediate circumstance. . We the people, with

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For instance, you wake up to discover there's no milk for your coffee, the that you're in a grounded state of mind, you can draw on your inner wisdom to act not

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years of triggers and stored-up feelings, and your Inner Mean Girl is rushing in to just stays in your mind, where your IMG rules, and you'll continue to get triggered, toward something your heart and soul desire or that your Inner Wisdom has answers in your journal, and if you are really serious about breaking through,

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