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Patricia H. Rushford**

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In Emotional Phases of a Woman's Life, Jean Lush and Patricia Rushford confirm what you've always suspected: your hormonal cycles really do have an impact

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I had been told once that a woman's life, if lived well, goes through four phases. Woman shouldn't go through life with so much of themselves hidden. .. This time is a great time of emotional turmoil and hardship in many

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Jean Lush, Emotional Phases of a Woman's Life (Grand Rapids: Revell, 1987), 20. 9. Ibid., 50. 10. Dr. Barbara Sherwin, interviewed by Gail Sheehy, November

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