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much as a guru and his followers do in the Himalayas, but rather in a personal oasis sequence. If silence is sometimes the best response, then if no one can see

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Dr. frederick lenz - author

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Surfing the himalayas / snowboarding to nirvana

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Publisher's Summary: Charged with energy, humor, and insight, this is the engaging story of a young American snowboarder who travels to the Himalayas

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Douglas Brockie, Mark Coffey, John Sidereal, Pat Jones - Surfing the Himalayas - Duration: 8:24. Robert762

Frederick lenz - wikipedia

Frederick Philip Lenz, III, Ph.D., also known as Rama (Sanskrit: ????) and Atmananda was a In his books Surfing the Himalayas and Snowboarding to Nirvana he stated that traveling to sacred locations heightened his experiences in

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Controversial guru Lenz (Lifetimes: True Accounts of Reincarnation, not reviewed) uses snowboarding as a metaphor for the path to

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Charged with energy, humor, and insight, this is the engaging story of a young American snowboarder who travels to the Himalayas seeking the ultimate high

The guru's latest incarnation - the washington post

The ads touting "Surfing the Himalayas" don't mention Lenz's 15-year career as an obscure guru who first called himself Atmananda and later

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SURFING THE HIMALAYAS: A SPIRITUAL ADVENTURE. Published by. The Frederick P. Lenz Foundation for American Buddhism.

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Snowboarding to Nirvana is the sequel to the author's first "novel," Surfing the Himalayas (1995), in which Lenz fictionalizes a "series of experiences" that he

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Moderator: SURFING THE HIMALAYAS is a compelling novel of seeking and enlightenment, featuring two unforgettable, strong willed characters. Readers have

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Described by his publisher, Warner Books, as a "world-class snowboarder," he wrote "Surfing the Himalayas" in 1995. The book is a

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