

**The Marriage Benefit: The Surprising Rewards Of  
Staying Together By Mark O'Connell**

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Getting hitched does have financial benefits at first. expenditures shows, not surprisingly, that a married couple pays “Singles have no one to bounce things off of, while married people tend to work things out together,”

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Medical School and Cambridge Hospital and author of the 2008 book “The Marriage Benefit: The Surprising Rewards of Staying Together.”.

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–THE MARRIAGE BENEFIT — THE SURPRISING REWARDS OF STAYING TOGETHER, by Mark O'Connell (Springboard [Grand Central]) –THE GOOD LIFE

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There are plenty of health benefits to marriage that those just living with benefits they see in living together vs. getting married, people who did marry, they were not convinced that they would stay married to .. Rich Americans spend their money differently than poor Americans—no great surprise there.

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Why we don't use the term “Boston marriage” anymore. The two lived together for decades, in what was called a “Boston were likely sexual, while others were just about being friends, without benefits. . Stay interesting.

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6 Surprising Benefits of Dating Your Husband Going (or staying in) on a date with your spouse should not feel like work. coffee date (where you just go to your local shop, order what you want and enjoy 30 minutes together just connecting). Dating is so important to keeping the fire lit in your marriage.

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Couples who get and stay married can have as much as four times the wealth of quickly than their peers who are single, divorced or living together romantically. Smock said those advantages go beyond just sharing expenses. A surprising number of men and women also report wanting the man to

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Podcast #278: The Surprising Benefits of Marriage for Men . where the types of men who get and stay married are more likely to have say . started spending three nights a week together and the other partner might count

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13 Surprising Benefits of being in a Long Distance Relationship I didn't think it was possible, but early in my married life, I realized I could spend months living with someone without having a "real" . So they stayed together.

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When housed together, male rats frequently displayed aggression toward one another. Here are just a few benefits men gain from increased oxytocin in the brain: Oxytocin may also help men stay faithful to their partners. years we've been married and that bromance has been the primary relationship

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5 Undeniable Benefits of Living Together Before You Tie the Knot. By before you tie the knot, boring, everyday life won't take you by surprise.

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Whether sarcasm is a sign of intelligence or not, communication experts and marriage counselors alike typically advise us to stay away from

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The Surprising Reward I Gained from My Years of Single Parenting Staying together was not an option. We each came away with specific benefits from the experience. When I look back on the period of time when we were just us two, before I married again and we blended into a new family unit,

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Being married has many financial benefits, including a number of tax breaks, but it According to researcher Dr. Christopher Fagundes, people who live together act It's not clear whether this was because they felt more motivated to stay

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Opponents are more tentative about the benefits of marriage, arguing to have a child together and to help couples who desire marriage to achieve it (Dion et al., 2008). .. Perhaps it is not surprising that the number of family transitions . than did their unmarried counterparts, but only if they stay married.

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(Ironically, I was married at 24, a mere child compared to the average than your "usual" place for dinner, or book a small weekend trip together. "Health benefits of falling and staying in love," accessed September 2012.

### **The surprising benefits of being (slightly) crazy | mark manson**

The Surprising Benefits of Being (Slightly) Crazy . who ironically, never married or had kids, but increased the reproductive fitness of humanity

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With up to 50 percent of marriages ending in divorce, new research by That comes as no surprise to Terri Orbuch, PhD, of the University of Michigan and cared for and loved ... is very predictive of staying together, being happy and Those who succumbed to the safer movie-rental routine didn't reap the same benefits.

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A UK study finds that married couples benefit more from monthly date who went on monthly date nights together were still slightly more likely to stay When we looked into this a bit further, to our surprise, we found that this

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The eight surprising health benefits of getting married once they have moved in together – falling yet further after they tie the knot. "There is something in a good relationship that helps people stay on track," says King.

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<http://www.mslaw.edu> Mark O'Connell- The Marriage Benefit - The Surprising Rewards of Staying Together

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New York Times writer Tara Parker-Pope pulled together the science Via For Better: How the Surprising Science of Happy Couples Can Help Your Marriage Succeed: 4) Stay Close To Family And Friends Despite this, sex is healthy and has all kinds of biological and emotional benefits that should not

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8 Surprising Health Benefits of Love So whether you've been married for years or are single and looking, the Whether it's the excitement of being together or the extra push to keep up with It might help you live longer.

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The Marriage Benefit. The Surprising Rewards of Staying Together in Midlife. By Mark O'Connell (Springboard Press, \$23.99). Marriage

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Mothers are the great glue which binds society together. They organise, they volunteer, they nurture. And, when they are not around, you notice

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Being that I am married 28 years and dating the same fellow for 31 years. So if you The Marriage Benefit: The Surprising Rewards of Staying Together by Mark

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If you don't believe me, consider these surprising benefits of being single. You have to wonder how many of those still married stay together

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They stay in bad marriages because they personally don't want to be While there certainly are benefits of having both your parents in the

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The changing meanings of age. Psychology Today, pp. 29-33. O'Connell, M. (2008). The marriage benefit: The surprising rewards of staying together. New York

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Believe it or not, there are some very concrete benefits of going to church that There are too many weekends where I'd rather stay cuddled up in bed with a It reinforces the higher philosophy and purpose behind marriage and family Couples who attend church together are making time to reiterate the

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