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I am on a mission to empower women to live a more orgasmic, fulfilling and healthy life filled with ageless, sensual vitality. As an integrative Why I Wrote a Book About Orgasms for Women (Video) *The Orgasm Prescription for Women: 21-days to Heightened Pleasure, Deeper Intimacy and Orgasmic Bliss*. For now, be

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Debbie writes, “I am in gratitude for her wonderful work, *Deep Somatic Psychotherapy Today | Winter 2016 | Volume 6 Number 1 | page 21* “One day, several months later, I thought, maybe if I prayed (now This energy is naturally pleasurable, is heightened in passion and builds to energetic climax

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4 Myths the Pedestal Princess must Deny for More Sexual Pleasure . This article includes excerpts from The Orgasm Prescription for Women: 21-days to Heightened Pleasure, Deeper Intimacy and Orgasmic Bliss by Andrea

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The female orgasm is a signal of overall health and vitality. My findings have been published in my new book, The Orgasm Prescription for Women. . The Orgasm Prescription for Women: 21-days to Heightened Pleasure, Deeper Intimacy and Orgasmic Bliss, by Andrea Pennington, MD (£13.67, Make

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