

**Urban Pantry: Tips & Recipes For A Thrifty,
Sustainable & Seasonal Kitchen By Amy Pennington,
Della Chen**

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It covers kitchen essentials, like what basics to keep on hand for Urban Pantry: Tips & Recipes for a Thrifty, Sustainable & Seasonal Kitchen.

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She is the author of Urban Pantry: Tips and Recipes for a Thrifty, Sustainable and Seasonal Kitchen, Apartment Gardening, Apples from

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AMY PENNINGTON is a cook, author, and urban farmer. She is the author of Urban Pantry: Tips and Recipes for a Thrifty, Sustainable and Seasonal Kitchen

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Urban Pantry, Tips & Recipes for a Thrifty, Sustainable & Seasonal Kitchen, Urban Pantry, 978-1-59485-346-3, Skipstone, N/A, Amy Pennington.

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General Note: Includes index. Formatted Contents Note: List of recipes -- Stocking the pantry -- Kitchen economy -- Whole grains -- Beans & peas -- Cooking with

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Amy Pennington: Urban Pantry: Tips & Recipes for a Thrifty, Sustainable & Seasonal Kitchen. Regular Edible Seattle contributor Amy

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It covers kitchen essentials, like what basics to keep on hand for quick, tasty meals without a trip to the store, and features recipes that adapt old-fashioned pantry

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